

uScore Soccer Medical Emergency Action Plan

The below are recommendations for acting quickly and properly during a medical emergency. These suggestions apply to anyone who can act quickly and responsibly in the event of a crisis. It is expected that all staff coaches and volunteers have taken the time to read through the action plan.

Emergency Defined: An unforeseen combination of circumstances and the resulting state that calls for immediate action. The athlete's life is in jeopardy or the athlete risks permanent impairment.

STEP 1: Survey the Scene - Inspect the scene for danger to yourself. Note number of victims. If you aren't sure, call 911.

STEP 2: LOC (Level of Consciousness) - Determine the level of consciousness/mental status.

- Are they alert?
- Do they respond to verbal communication?
- Do they respond to pain?
- Determine the chief complaint?

STEP 3: If individual is unconscious or not breathing, specifically instruct another bystander to call 911 immediately. If no one else is available, call 911 yourself while starting step 4.

STEP 4: Begin assisting with recovery.

- Airway: Open/clear the airway.
- Breathing: Look, listen and feel for signs of breathing.
- Circulation: Check pulse at carotid artery.

Use critical thinking skills to reduce the time it takes for medical personnel to provide treatment.

- Clear parking lot for ambulance access
- Clear sidelines for medical team access
- Do not move the victim if brain, spinal or other severe bone or organ injuries may be involved.

Instructions for calling 911

- Stay calm
- Dial 911
- State name, phone number, location and emergency
- Number of victims
- Status of victims
- First aid treatment initiated
- Specific directions to location
- Any other information requested by dispatcher

EAD Locations (see field map for detail)

- Farm League Park Field House (inside electrical room)
- Woodshed Batting Cages
- uScore Soccer (on wall outside of registration area)